



## **Backpack Contents**

2 people for six days

- Emergency Drinking Water Pouches (Brand Datrex has a 5-year shelf life.)
- 40 pouches for 2 people for six days
- Datrex Food Packets
- 4 packets of 12 food bars with 200 calories per bar
- 2 Emergency Survival Blankets
- 8 Body/Hand Warmers (12 hour air activated)
- 2 Dust Masks
- 2 Ponchos- Lightweight weather protection with hood
- 4 Light Sticks – Safe, glow light – 12 hours
- 2 Flashlights with batteries
- AM/FM Radio with extra batteries
- 2 whistles
- 2 Multi-functional knives
- 1 box of Waterproof matches
- 1 two gallon collapsible water jug
- 1 deck playing cards
- 2 pair leather gloves
- 5' X 7' Tarpaulin
- 50 Ft. Rope (3/8" sisal)
- 1 pry bar
- Important documents and cash

### Hygiene Supplies

- 4 pocket tissue packets
- 12 wet towelettes
- 2 biohazard waste bags
- 6 sanitary napkins
- 9 plastic bags
- 2 toothbrushes
- Tube of toothpaste

### First Aid Supplies

- 1 6X9 Instant Cold Compress
- 1 5X9 Trauma pad
- 3 Sting Relief pads
- 2 Burn Relief Pads
- First Aid Guide
- 25 - 3/4 X # Adhesive Bandages
- 2 pair of FDA Approved Latex Barrier Gloves
- 1 pair of Scissors
- 1 pair of tweezers
- 1 Sterile Eye Pad
- Aspirin Tablets
- 1 - 2 X 4.1 Conform Roll Bandage
- 2 - Finger splints
- 2 - Triple Antibiotic Ointment
- 1 - 1/2 X 5 yards First Aid Tape `Roll
- 8 - 2 X 2 Sponge Dressing Pads
- 9 - Antiseptic Cleansing Wipes
- 3 - Patch Bandages
- 15 - Alcohol Cleansing Pads
- 1 Emergency Phone Reference Card

**BACKPACK KIT FOR DISASTER**

**Important Documents & cash**

**Cell Phone and Charger**

**Prescriptions**

**One Change of Clothing**

**First Aid Kit**

**Flashlight/Extra Batteries**

**Can Opener**

**Water/Food/Vitamins**

**Rain Poncho**

**BACKPACK KIT FOR DISASTER**

**Important Documents & cash**

**Cell Phone and Charger**

**Prescriptions**

**One Change of Clothing**

**First Aid Kit**

**Flashlight/Extra Batteries**

**Can Opener**

**Water/Food/Vitamins**

**Rain Poncho**

**BACKPACK KIT FOR DISASTER**

**Important Documents & cash**

**Cell Phone and Charger**

**Prescriptions**

**One Change of Clothing**

**First Aid Kit**

**Flashlight/Extra Batteries**

**Can Opener**

**Water/Food/Vitamins**

**Rain Poncho**

**BACKPACK KIT FOR DISASTER**

**Important Documents & cash**

**Cell Phone and Charger**

**Prescriptions**

**One Change of Clothing**

**First Aid Kit**

**Flashlight/Extra Batteries**

**Can Opener**

**Water/Food/Vitamins**

**Rain Poncho**